

Survivors of domestic violence and their children often have to part with personal belongings and the necessary household items with which to start over. To address these losses and help families reestablish their homes, we accept donations of new and gently-used goods as needed, and according to our storage availability.

## DONATIONS FOR OUR SHELTER & SUPPLIES PANTRY

All items must be **new**, unless otherwise noted.

- Twin size bed linens sheet sets, pillowcases, pillows, blankets & comforters
- Bath towels, washcloths, shower curtains, bath mats
- Slippers & flip-flops
- Packages of socks & underwear for all sizes & all genders (kids & adults)
- Pajamas, leggings, t-shirts, sweatshirts, loungewear, and other basic clothing items for all sizes & all genders (kids & adults)
- Bras brand new or gently used (laundered before donating)
- Full size toiletries deodorant, shampoo, conditioner, lotion, soap, toothbrushes, toothpaste, shaving cream & razors
- Feminine care items tampons, pads, & liners
- Hair care hairspray, gel, leave-in or deep conditioners, hair butter, bristle & detangler brushes, wide-tooth combs, hair ties, clips, headwraps
- Diapers (especially sizes 4/5/6 & pull-ups), baby wipes, diaper cream
- Laundry supplies laundry baskets, detergent, spot treatment, dryer sheets
- Cleaning supplies sponges, mops & buckets, brooms & dust pans

## NON-PERISHABLE FOOD DONATIONS

All food donations must be within their expiration date.

- Rice, pasta, pasta sauces
- Meal mixes (Rice-a-Roni, Pasta-Roni, Hamburger Helper, etc.)
- Shelf-stable microwavable meals
- Canned/boxed soups & stews
- Canned tuna & chicken
- Canned vegetables, beans, fruit
- Flour, sugar, artificial sweeteners
- Corn meal, maseca, masa harina, manzilla olives
- Seasonings & spices salt & pepper, adobo, sazon, boullion
- Mashed potato mix, canned potatoes
- Nut butters, jelly & jams
- Basic condiments ketchup, mustard, mayo, hot sauce, BBQ Sauce
- Breakfast cereals (low sugar), oatmeal, pancake mix, syrup
- Individually wrapped snacks granola bars, crackers, etc.
- Fruit & pudding cups
- 100% juice boxes/pouches, shelf-stable milk
- Cake & muffin mix, frosting, pudding, gelatin mix
- Ground coffee, tea bags
- Baby food, baby cereal, formula

	WAYS TO HELP THROUGHOUT THE YEAR
ANYTIME	<ul> <li>Host a food or supply drive</li> <li>Create cozy bed kits for our Shelters with a new pillow, blanket, and twin sheet set</li> <li>Consider supporting an individual or family by gifting them clean laundry: tie a roll of quarters to a container of laundry soap</li> <li>"Party with a Purpose" Have a birthday or other special event coming up? Consider a charitable donation in lieu of gifts</li> <li>Themed baskets, gift cards, experiences, or other items we can use for our silent auction</li> </ul>
SPRING	<ul> <li>Prepare Easter baskets for children</li> <li>Prepare Mother's Day gift bags</li> <li>Attend our annual 'Love Gently' dinner at Painter's in Cornwall</li> <li>Run, walk, or volunteer at our annual "We Can Be Heroes" 5k and Kids Fun Run</li> </ul>
SUMMER	<ul> <li>Annual Back-To-School drive - accepting donations of backpacks, school supplies, and gift cards for clothing &amp; shoes</li> </ul>
OCTOBER	<ul> <li>Annual fundraiser with advertising &amp; sponsorship opportunities available, and silent auction</li> <li>Attend a workshop or film screening</li> <li>"Walk the Line" at a Clothesline Project event</li> </ul>
HOLIDAY SEASON	<ul> <li>Donate gift cards to local grocery stores to help families purchase food for their Thanksgiving table</li> <li>Adopt-A-Family program for the holidays</li> <li>Sponsor a toy drive, pajama drive, or gift card drive at your school, business, or community organization</li> </ul>
	Please contact our administrative office before dropping off your donation by calling (845) 562-5365 Option 5
	Fearless! Hudson Valley, Inc.Email admin@fearlesshv.orgf/k/a Orange County Safe Homes Project, Inc.Web fearlesshv.org/donationsP.O. Box 649, Newburgh, NY 12551Social @fearlessHV
	If you or someone you know is experiencing domestic violence or trafficking, please call our 24-hour hotline to speak with an advocate: <b>(845) 562-5340</b>